



Excelsior Public School Newsletter

Rondelay Drive
Castle Hill 2154

Tel: 9634 3774

www.excelsiorpublicschool.com

E-mail: excelsior-p.school@det.nsw.edu.au

Newsletter – Week 2 Term 3 (30th July 2020)

Important Dates

Term 3	
Date	Event
3.8.20-7.8.20	Education Week
6.8.20	Mufti Day (Education Week)
7.8.20	Cross Country Carnival
19.8.20	Mufti Day (Year 6 Fundraiser)
27.8.20-2.9.20	Book Fair
2.9.20	Book Parade TBC
4.9.20	Giant D.E.A.R. (Drop Everything And Read)
14.9.20	School Photos
17.9.20	Public Speaking Competition – School Finals
22.9.20	Year 6 Fun Fair
25.9.20	Last Day of Term 3

From the Principal

Welcome back to Term 3.

This term sees us beginning with the continuation of many restrictions in place due to COVID-19. These include:

- Pick up and drop off routines for students will remain the same as last term. Parents are still not allowed onto the school grounds. K-2 students (without siblings in 3-6) may still be picked up early (2.40pm) from the top Rondelay Drive gate.
- There will be no Term Accounts sent home for Term 3 and no excursions have been scheduled.

- Assemblies will continue via video. Parents can access this through the link in the school newsletter or the school website.
- The canteen will continue to operate for lunch orders only, please also see information regarding the canteen in the section below.
- School banking will not be operating until further notice.
- Enhanced cleaning of school facilities will continue, including cleaning throughout the day.
- Students will not be allowed to share food at school. This includes birthday cakes, these will not be allowed onsite until the end of the COVID-19 pandemic.

Some restrictions are beginning to ease or be lifted. These include:

- SRE lessons will recommence. SRE volunteers will be required to sign a COVID-19 declaration before entering the premises.
- PSSA will commence during Term 3.
- Recess orders will be available through the school canteen. Please note all canteen orders must be completed via the Qkr! App, no cash will be accepted.
- School Photos are now allowed. Excelsior school photos have been scheduled for Monday 14th September.
- Community users can now recommence. Students involved in after and before school activities should have been informed about changed procedures, including drop off and pick up areas outside of the school gates.

I will continue to update parents, through the Skoolbag App, as changes occur. I encourage all parents to download this App and register to Excelsior Public School.



As you are aware, things are changing quickly with the COVID-19 pandemic. I encourage parents to keep up to date on current restrictions through NSW Health:

<https://www.nsw.gov.au/covid-19/latest-news-and-updates>

Staff Changes

In Term 3 we have welcomed back two staff members.

Ms. Chevalier has returned from 6 months relieving as Deputy Principal at Beresford Road Public School. Ms. Chevalier will be working in the role of Assistant Principal, Instructional Leader. She will also be running our XT program this term.

Mrs. Kelly Barton has return from maternity leave. She will be working 3 days per week in the role of English as an Additional Language or Dialect (EALD) teacher.

School improvements

Over the holidays, we had some new equipment installed.

The hall now has a new projector and outdoor speakers, this will be highly beneficial when we return to normal operation as it will allow the COLA to be used during large assemblies or productions without a loss in sound quality.

We also had new speakers installed into the playgrounds and into all classrooms. This now allows us to make announcements to the whole school, enables music and bells to be heard through the school.

We are currently fine tuning the volume levels. If you are a close neighbour to our school and feel that the PA system volume is too loud, please let us know.

Year 5 Check-In Assessment

As you are aware NAPLAN has been cancelled for 2020, due to COVID-19. Schools have been offered to participate in an online reading and numeracy

assessment for students in Year 5 and 9. Excelsior Public School students will be participating in this assessment.

Grow Your Mind

Excelsior Public School is committed to promoting and teaching strategies for positive mental health and wellbeing. We have started using a program that promotes whole school flourishing called Grow Your Mind. During our first session we explored all the ways we look after our physical health daily. Brushing our teeth, eating fruit and vegetables, drinking water etc. Then we explored how we look after our minds on a daily basis. This was harder to do initially! Children were then asked to point to their toes, their heart, their prefrontal cortex...! And so the journey has begun of brain awareness. Listen out for your child talking about shrinking their Guard Dog, or growing their Wise Owl, their Elephant and their Sifting Sooty.

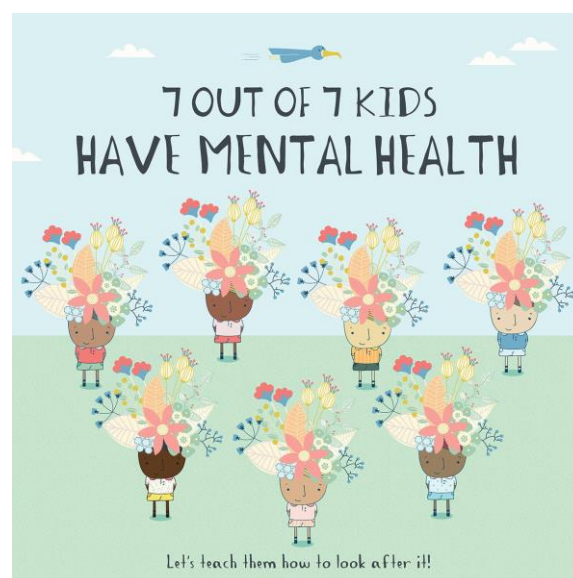
Grow Your Mind mental health tip #1:

To shrink your Guard Dog (aka your amygdala):

1. Take 3 anchor breaths
2. Try finger breathing
3. Think of one thing or person you are thankful for.

More information about this program can be found at:

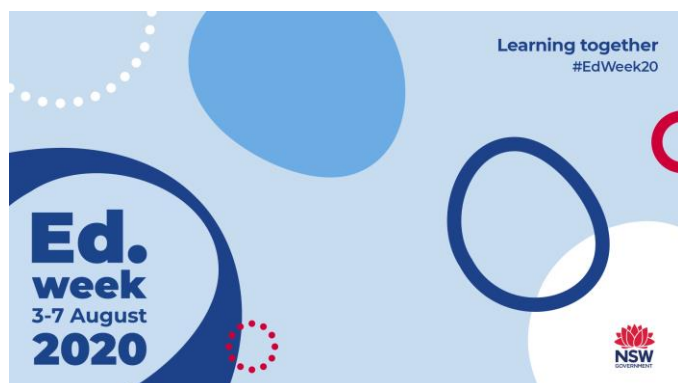
<https://growyourmind.life/>



Kind Regards,
Mrs Sandra McKay
Principal

Important Information

Education Week 2020



The theme for Education Week 2020 is **Learning together**.

It's a theme that reflects an incredible year for students, staff and parents, and the partnerships that have been strengthened in response.

Education Week 2020 will run in **Term 3 Week 3** from **Monday 3rd August to Friday 7th August**.

Due to restrictions with parents being on site, Excelsior will be celebrating Education Week by sharing short classroom tour videos and student work samples from class to parents via Seesaw (K-2) and Google Classroom (3-6) during that week. In addition, there will be a **mufti day** to celebrate learning together on **Thursday 6th August** (no donation required).

Learning together

Key messages

In this year of bushfires, floods and COVID-19, the key messages of Education Week 2020 are:

Schools are the cornerstone of communities

Parents and carers are our partners in learning. Schools and families benefit from strong, respectful relationships where responsibility for student learning is shared.

Change and resilience

Our teachers and students are lifelong learners, collaborating in a positive learning environment to achieve their best. Learning together makes us strong and creates resilient communities.

Connect better and learn together

Our school staff are dedicated professionals who know, value and care for all students. Technology enables learning together anywhere, any time.

Cross Country Carnival

On Friday 7th August we will be holding our Cross Country Carnival.

Due to COVID-19 restriction, this will be held at school and no parent spectators will be allowed onsite.

To ensure student safety, the events will be staggered, ensuring limited number of students on the course at any one time.

It is expected that all children in years 3 to 6 will participate unless they have a note from their parents explaining their inability to compete.

Students in Year 2, who are turning 8 this year, are also invited to participate. Year 2 students wishing to participate should ensure they wear sports uniform on the day.

Due to current Department of Education COVID-19 restrictions there will be no opportunity for further representation beyond this school carnival.

Please refer to the Cross Country note sent out via the Skoolbag App for more information.

Virtual Assembly

This week a virtual K-2 assembly will be held on Thursday afternoon. This assembly can be viewed through our school website or via the following link:

<https://excelsior-p.schools.nsw.gov.au/about-our-school/eps-virtual-assemblies.html>

Recent Events

Crazy Hair Day

Yesterday was Crazy Hair Day, a fundraiser for Year 6. The students and teachers had a great day. Thank you to the Year 6 students and teachers for organising this event and to all of our students and parents for the effort they put into the crazy hairstyles!





Around the Grades

Year 1 Around the Grades

Students have started Term 3 using the Grow Your Mind Program to learn the importance of looking after their mental health, the same way they would look after their physical health. They have been using animals to learn about key parts of the brain.





Awards

K -2 Merit Awards

KB	Pranav R Ellory T Anderson T Indira I
KM	Evie M Mia P Kaeden S Raahil T
KN	Liam M Xavier C Charles Z Ella M
KW	Jayden H Noah D Tashuan C Ellie C
1B	Henry S Yadhu K Vihaan R Emma X
1D/G	William C Miraya G Ryan M Kayal K
1K	Maeve R Luke B Raphael S Dante T
1S	James D Tian X Olivia C Daniel S
2A	Angela M Aaryan M Jonathan X Riyaan T
2B	Xavier E Freya M Dominic J Dineli F
2L	Ibrahim T Joel H Ravali G Briannabelle B
2R	Joonhyeok M Doreen H Tyler M Leo K

3-6 Merit Awards

3D	Aarav K Chelsea F Trevor W Justin W
3J	Teresa H Leoven H Jackson H U Na K
3S	Zachery J Jaden N William P Jasmine R
4B	Ryan W Junhee L Emily S Candice L
4H	Aarna P Jensen Z Ariana K Vivaan G
4L	Georgina B Marcus C Ava P Jordan H
5E	Olivia C Harrison Q Sharnie E Jennifer J
5G	Rachel L Louis H Ishanvi T Sophia L
5/6A	Lara D Sean G Isabella G Sungwoo K
6S	Ariel W Erina U Giselle G Cooper T
6W	Morris W Haysen Z Azin F Raavia R

Spirit of Excelsior Awards

Hasnaa M - **5G** Lola W - **2L**

Silver Awards

Oscar – 4L Holly – 4H
Isabel – 4H Ella – 1B
Kanira – 2R

UNIFORM SHOP

If you wish to place a uniform order please go to schoolshoponline.com.au and you can pick up your order at the office or we can send it home with your child. Thank you for your patience as we get this new system up and running.

Regards,

Excelsior Uniform Shop

(this is a voluntary P&C service provided to parents and students)

CANTEEN

Canteen News

We have made the decision to change our sushi supplier.

This is an exciting change and will bring many new items to our Monday & Friday specials, including Baby & Mini sushi boxes which contain 8 pieces and 15 pieces respectively. This change will take place from next Monday August 3rd. We encourage you to check out the full ingredient lists for all these items. This list will be on the school website from tomorrow afternoon (Friday July 31st).

Just a reminder that you can order recess items, listed under snacks and drinks on QKR!, and these will be available for your children to collect at recess. If they are not collected at recess we will send them out to your child in the lunch basket.

Kind regards

The Canteen Committee



EXCELSIOR PUBLIC SCHOOL

Enrol now for Kindergarten 2021!

Our 3 Kindergarten transition sessions will be held on:

Tuesday 10th November

Tuesday 17th November

Tuesday 24th November



Address: Rondelay Dr, Castle Hill 2154

Phone: 9634 3774

Website: <https://excelsior-p.schools.nsw.gov.au/>

Email: excelsior-p.school@det.nsw.edu.au

High Ideals

call now for a
FREE TRIAL

TERM 3

SOCCER FUN FOR GIRLS & BOYS AGED 2 TO 12!
TERM 3 2020 PROGRAM
STARTING July - Aug 2020.



MITE (2-3 YEARS OLD)

A great introduction to Soccer! Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment

35 minute classes
\$125 for 8 weeks



PINT SIZE (4-5 YEARS OLD)

Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more! Children get to play lots of fun, skill based games. Grasshoppers get introduced to the Pint Size 1v1 Big Game!

50 minute classes
\$145 for 8 weeks



INTRO TO MICRO (5-6 YEARS OLD)

The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more!

60 minute classes
\$155 for 8 weeks



MICRO / MICRO + (6-8 / 8-12 YEARS OLD)

This program focuses on skill development and team work in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game!

75 minute classes
\$165 for 8 weeks



1300 891667

grasshoppersoccer.com.au



GRASSHOPPER SOCCER Hills Nth West
ABN | 43867654058
PO Box 1511, Baulkham Hills NSW 1755
P | 1300 891667 F | 8088 6412 M | 0404 863478
Email cassie@grasshoppersoccer.com.au

Child's Name: _____ DOB: _____
Parent/Guardian's Name: _____
Address: _____ Postcode: _____
Suburb: _____ Mobile: _____
Phone (home): _____
Email: _____
How did you hear about us? _____

Term 3 2020 Week Day After School
Baulkham Hills ☐ WEEK 1 - Tue 28th July 3.40pm-4.40pm (Masonic Fields, Seven Hills Road)

Term 3 2020 Weekends Sat 1st Aug - Sun 20th Sept
Oakhill Drive Public School Castle Hill ☐ SAT AM **New Sat Venue for Castle Hill**
Rouse Hill High School, 105 Withers Rd ☐ SAT AM
Kellyville, Wrights Rd, Arzac Res ☐ SUN AM
Parramatta Park, Coleman Oval ☐ SUN AM

PROGRAM:
☐ Mite (2-3) ☐ Pint Size (4-5) ☐ Intro to Micro (5-6) ☐ Micro (6-8) ☐ Micro Plus (8-12)
TERM 1 PROGRAM INFORMATION (8 week program)

Please circle which program you would like to enrol into

	Mite	Pint Size	Intro to Micro	Micro	Micro Plus	After School
Oakhill Drv Sat 1 st Aug	8:30-9:05am	8:30-9:20am	8:30-9:30am	9:30-10:45am	9:30-10:45am	New Venue
Rouse Hill - Sat 1 st Aug	8:30-9:05am	8:30-9:20am	9:30-10:30am	9:30-10:45am	9:30-10:45am	
Kellyville - Sun 2 nd Aug	9:00-9:35am	9:00-9:50am	10:00-11:00am	10:00-11:15am	10:00-11:15am	
Parramatta - Sun 2 nd Aug	9:00-9:35am	9:00-9:50am	10:00-11:00am	10:00-11:15am	10:00-11:15am	
Baulkham Hills - Tue 28 th July						3.40pm-4.40pm

Payments by Cash, Cheque, Credit or Active Kids Voucher
(Grasshopper Soccer has a NO REFUND policy) (Credit cards processed as Jaccopine P/L)

Credit Card Payment (please circle): Visa / Master Card

Credit Card No: _____ Expiry Date: ____ / ____ / ____ CCV: ____

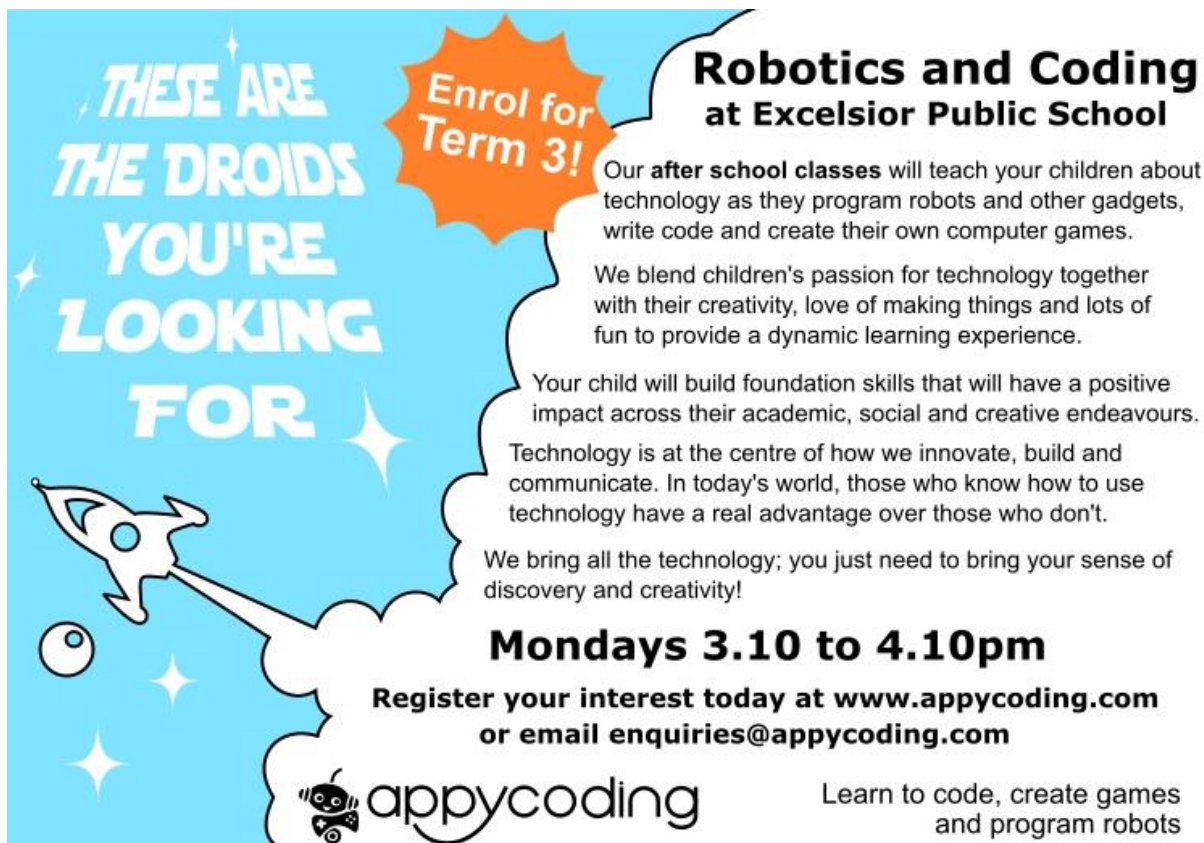
Add Grasshopper Soccer Uniform Pack 1 (\$45) - Shirt, Shorts, Pack 2 (\$60) - Shirt, Shorts, Socks and Hat

Correct size will be fitted upon collection at 1st session

Payment \$ _____ Uniform \$ _____ **TOTAL \$** _____

Parents' Consent: I hereby authorise Grasshopper Soccer to act on my behalf should my child require medical attention and release Grasshopper Soccer from any liability incurred by my child at Grasshopper Soccer programs.

Parents' Signature _____



THESE ARE THE DROIDS YOU'RE LOOKING FOR

Enrol for Term 3!

Robotics and Coding at Excelsior Public School

Our **after school classes** will teach your children about technology as they program robots and other gadgets, write code and create their own computer games.

We blend children's passion for technology together with their creativity, love of making things and lots of fun to provide a dynamic learning experience.


Your child will build foundation skills that will have a positive impact across their academic, social and creative endeavours.

Technology is at the centre of how we innovate, build and communicate. In today's world, those who know how to use technology have a real advantage over those who don't.

We bring all the technology; you just need to bring your sense of discovery and creativity!

Mondays 3.10 to 4.10pm

Register your interest today at www.appycoding.com or email enquiries@appycoding.com

 **appycoding**

Learn to code, create games and program robots



SYDNEY
ACADEMY OF CHESS

Level 1 30A George St, Burwood 2134

Office: (02) 9745 1170

CHESS!!

Learn to be a chess champion! Coaching for students at Excelsior Public School is held on Mondays from 8:00am to 9:00am, starting on 27 July 2020.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email enrol@sydneyacademyofchess.com.au for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

Learn Music on Keyboard at School Term 3 Enrolment

Great songs! Musical activities!
Cool music knowledge!



- Convenient at-school venue with additional health & safety measures in place
- Small group, 45 min weekly lesson
- Competitive rate
- Instrument not required initially
- Fun introduction to music



To enrol: www.learnmusicatschool.com.au
(02) 9411 3122

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FROM BEGINNER TO
BLACK BELT

DEVELOP SELF CONFIDENCE

IMPROVE CONCENTRATION

BUILD COORDINATION

BUILD SELF ESTEEM

IMPROVE STUDIES

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No Extra Grading Fees!

INSTRUCTOR IS A KARATE CHAMPION AND ISKA INSTRUCTOR OF THE YEAR

Location: Jasper Road Public School,
Corner of Jasper Rd. and Seven Hills Rd., Baulkham Hills
Classes are every Tuesday for 9 Weeks (Every School Term)
New and Returning Registration: Tuesday, 28 July, 2020
New Students can also join on any Tuesday during term.

New and Returning
Students
Ages 5-8
Class Time 4:00 to 4:40PM

New Students
Ages 9-16
and Returning Students
Class Time 4:45 to 5:25PM

Returning Students please see website at www.karate-kids.com.au for class times.

REGISTRATION WILL BE ACCEPTED FOR ALL STUDENTS WHO TURN UP. WE DO NOT TURN KIDS AWAY. NO PRE-REGISTRATION IS NECESSARY. JUST TURN UP 10 TO 15 MINUTES BEFORE CLASS TIME ABOVE IF POSSIBLE. WE ACCEPT CHEQUES OR CASH. FOR FURTHER INFORMATION, SEE WEBSITE AT www.karate-kids.com.au.